

- (iii) Information regarding the admission criteria and the process of admissions in respect of all courses of study, whether degree or diploma, and whether by regular mode or distance mode (with the approval of the UGC-AICTE-DEC Joint Committee).

Information is as per the Institute Prospectus of 2009-10

S. NO.	Department	Name of course	Duration of course	Admission Center	Number of Seats		
					Regular	Payment	Total
1	Deptt. Of Teacher Education	B.P.Ed. (Integrated)	4 Years	Gwalior, Patiala, Kolkata, Dehradun, Jaipur, Guwahati	113	25	138
		M.P.Ed.	2 Year s	LNUPE, Gwalior	54	6	60
2	Deptt. Of Research Development & Advanced Studies	M. Phil.	1 Year	LNUPE, Gwalior	20	10	30
		Ph.D.					
3	Deptt. Of Coaching & Fitness	PG Diploma in Sports Coaching	1 Year	LNUPE, Gwalior	Minimum 5 seats in individual sports and 10 seats in team sports (games to be offered: Athletics, Badminton, BB, Cricket, FB, HB, Hockey, VB)		
		Diploma in Sports Coaching	1 Year	LNUPE, Gwalior	Minimum 5 seats in individual sports and 10 seats in team sports (games to be offered: Athletics, BB, FB, HB, Hockey, VB, swimming)		
4	Deptt. Of Sports Management & Journalism	PG Diploma in Sports management	1 Year	LNUPE, Gwalior	20		
		PG Diploma in Sport journalism	1 Year	LNUPE, Gwalior	20		
5	Deptt. Of Youth Affairs & Sports	PG Diploma in Adventure Sports & Tourism Management	1 Year	LNUPE, Gwalior	15		
6	Deptt. Of Health Sciences & Yoga	PG Diploma in Yoga with Alternate Therapies	1 Year	LNUPE, Gwalior	30		
		PG Diploma in Fitness Management	1 Year	LNUPE, Gwalior	15		
7	Deptt. Of Computer science & applied statistics	PG Diploma in Information Technology	1 Year	LNUPE, Gwalior	25		
		PG Diploma in Computational Statistics	2 Year Dual degree option programme	LNUPE, Gwalior	20		

INFOARMATIONS, REQUIRMENTS AND PROCEDURES FOR ADMISSION

BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.) (Integrated)

Duration of Course	- Four Years Degree Course
Total Number of Seats	- Regular - 113
	- Self Supporting Scheme - 25

ELIGIBILITY FOR ADMISSION

A candidate shall be eligible to appear in admission test:

- If he/she, has passed any one of the following examinations with at least 45% marks for General Category and 40% marks for SC/ST category and candidates who have participated in State/National/Inter-University/SGFI level in games/sports.
Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/University etc.
- If he/she, has appeared in the said qualifying examinations may appear in the admission test but must submit the mark sheet of passing qualifying examination at the time of registration.
- If his/her age is below 21 years on 1st July, 2009 (For getting admission in reserve category, the age is relax able up to 26 years in case of SC/ST candidates and relax able up to 24 years in case of OBC candidates).

NOTE: Candidates who are sure that they fulfill eligibility conditions, may report for admission test as per the stipulated programme at the test center opted by them. They are advised to proceed for the entrance test without waiting for any intimation in this regard if they are sure that they fulfill eligibility criteria. Candidates are to note that no call letter for the entrance test shall be sent to them by post.

WOMEN CANDIDATES:

Only unmarried women, widows or divorcees without encumbrances, will be admitted to BPEd. Course. If a women student admitted to BPEd. course gets married, she will have to discontinue her studies at the Institute.

TESTING AREAS:

Physical Fitness	-	50 marks
Proficiency in games & sports	-	50 marks
General Awareness (written test)	-	50 marks

PROCEDURE FOR CONDUCTING TESTS:

- Physical Fitness: The marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk.
- Proficiency in Games & Sports: The marks will be awarded by a committee on the basis of skills performed and performance in one game/sport. Testing shall be done in following games/sports: Artistic Gymnastics, Badminton, Basketball, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Softball, Swimming, Diving & Water Polo, Table Tennis,

Tennis, Track & Field, Volleyball, Weight-Lifting, Power Lifting and Best Physique, Wrestling, Yoga and Squash Racket.

- General Awareness (Written Test- either English or (Hindi): The Duration of General Awareness Test will be 90 minutes and shall comprise of the following two parts:
- First part consists of objective type questions on the current affairs in games & sports and general area carrying 30 marks.
- Second part consists of precis (5), unseen passage (5) and essay writing (10) –Total 20 marks.

Award of Bonus Marks:

All those candidates who have won positions during last 4 academic years at the Junior/Senior Nationals (organized by respective federation), All India/Inter-Zonal Inter-University Tournament and SGFI National meets will receive Bonus marks as per the criteria given below:

- Represented India in any game/sport sponsored by IOA/Federation and in games and sports as per the Association of Indian Universities list. 10 Marks
- Position holders at Inter-State championship Organized by Association/ Federation in games and sports as per AIU list

1 st Place	10 Marks
2 nd Place	09 Marks
3 rd Place	08 Marks

- Position Holder at All India Inter-University Competitions/ Junior National Competitions

1 st Place	08 Marks
2 nd Place	07 Marks
3 rd Place	06 Marks

- Position holder at SGFI National Competitions

1 st Place	06 Marks
2 nd Place	05 Marks
3 rd Place	04 Marks

Note: 1- The bonus marks will be provided in only those games/sports, which are in the competition list of Association of Indian Universities (AIU) and School Games Federation of India (SGFI).

SELF-SUPPORTING SCHEME -20 Seats (14 Men and 6 Women)

After filling up the normal seats, the remaining candidates who qualify in the admission test will be considered for self supporting scheme keeping the consent of individual candidate in mind. The seats under self-supporting scheme too will be filled in the order of merit.

UNIFORM

Students of BPEd-I will be required to possess the Uniform as per University rules, which is mentioned at Annexure-IV before starting of the classes.

MASTER OF PHYSICAL EDUCATION (M.P.Ed.)

Duration of Course - **Two-Year Degree Course (Four Semesters)**

Total Number of Seats - **Regular - 54**

- **Self Supporting Scheme - 6**

ELIGIBILITY FOR ADMISSION:

- Candidates who have obtained at least 50% marks in the BPEd. degree/BPEd (Integrated) Four Years Professional Degree are eligible for admission. There shall however be a relaxation of 5% marks for those who are position holders (1st, 2nd or 3rd) in State Level sports/games conducted by respective federation/association and those who have participated in the National level sports/games.
- There shall be relaxation of marks/reservation of seats for SC/ST as per the Rules of the Central Government.
- Candidate appeared in the qualifying examinations may appear in admission test but they must submit the mark-sheet of passing qualifying examination at the time of registration.

NOTE: Candidates who are sure that they fulfill eligibility conditions may report for admission test as per the stipulated programme at the test center. They are advised to proceed for the entrance test without waiting for any intimation in this regard if they are sure that they fulfill eligibility criteria. Candidates are to note that no call letter for the entrance test shall be sent to them by post.

WOMEN CANDIDATES

Married Women shall be eligible for admission to M.P.Ed. Course. In case, a women candidate gets pregnant and reaches the stage of expectancy during the course, she will have to discontinue her studies for a minimum period of one year.

ADMISSION PROCEDURE:

Admission shall be made on merit, on the basis of marks obtained in the entrance examination as per the policy of the Institute.

ADMISSION TEST (150 MARKS)

The admission test includes the following areas:

Physical Fitness	50 Marks
Written Test	100 Marks
Reasoning	10 Marks
General Knowledge	20 Marks
Professional Competence	60 Marks
Expression of views (for or against a topic)	10 Marks

PROCEDURE FOR CONDUCTING TESTS:

- Physical Fitness: The marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk.

- Written Test: The Duration of Written Test will be 2 hours and shall comprise Reasoning, General Knowledge, Professional Competence and Expression of Views. The questions of written test will be objective or subjective (short answer) in nature.

Award of Bonus Marks:

All those candidates who have won positions during last 4 academic years at the Junior /Senior Nationals (organized by respective federation), All India/Inter-Zonal Inter-University Tournament and SGFI National meets will receive Bonus marks as per the criteria given below:

- Represented India in any game/sport Sponsored by IOA/Federation and in games and sports as per the Association of Indian Universities list.

10 Marks

- Position holders at Inter-State Championship Organized by Association/ Federation in games and sports as per AIU list

1 st Place	10 Marks
2 nd Place	09 Marks
3 rd Place	08 Marks

- Position Holder at All India Inter-University Competitions/ Junior National Competitions

1 st Place	08 Marks
2 nd Place	07 Marks
3 rd Place	06 Marks

Note: The bonus marks will be provided in only those games/sports, which are in the competition list of Association of Indian Universities (AIU)).

UNIFORM

Students of MPE-Previous will be required to possess the Uniform as per Institute rules.

MASTER OF PHILOSOPHY (M.Phil) IN PHYSICAL EDUCATION

Duration of the Course - One year
Total Number of Seats - Regular - 20
- Payment Seats - 10

M.Phil. is a one-year pre-doctoral programme in Physical Education with emphasis on research methodology & in depth knowledge in various areas of specialization.

ELIGIBILITY

The candidate should have obtained M.P.Ed. (Master of Physical Education, of two years duration) or any other equivalent degree from a recognized University and also recognized by this Institute. Further, candidates seeking admission in M.Phil. should have scored minimum 55% marks (50% for SC/ST candidates) in M.P.Ed. or equivalent examinations.

ADMISSION PROCEDURE

Duration of the test : 2 hours
Written Test (For General Awareness and Professional Competence) : 100 Marks

- The written test would contain questions upto the level of M.P.Ed. with specific focus on proposed area of specialization, Research Methods, Applied Statistics, Current Affairs and General Awareness. The test shall have both objective and subjective questions.
- The details of marks shall be as follows:

(a)	Current affairs and General Awareness	:	10 Marks
(b)	Research Methods	:	25 Marks
(c)	Applied Statistics	:	25 Marks
(d)	Specialization	:	40 Marks

QUALIFYING MARKS

Minimum 50% marks (45% for SC/ST) shall be mandatory to qualify the test. The admission shall be granted strictly on merit basis for regular as well as for payment seats.

UNIFORM

Same norms will be used as done in case of B.P.Ed. and M.P.Ed. Courses.
The course contains the compulsory and optional areas.

COMPULSORY AREA

- Research Methods.
- Advanced Statistics and Computer Application.
- Dissertation.

OPTIONAL AREA/SPECIALIZATIONS

Candidates are required to select one of the following optional as specialization. Each specialization shall have two papers.

- | | | | |
|-----|---------------------|-----|---|
| (1) | Sports Psychology | (2) | Exercise Physiology |
| (3) | Sports Biomechanics | (4) | Sports management |
| (5) | Health Education | (6) | Evaluation Techniques in Physical Education |

AWARD OF M.PHIL. DEGREE

- A candidate must obtain atleast 50% marks in each theory paper, and dissertation separately. After the submission, the dissertation shall be sent to the examiners. Viva-voce examinations will be conducted and successful candidates will be awarded M.Phil. Degree.

DOCTOR OF PHIL OSOPHY (Ph.D.) IN PHYSICAL EDUCATION

- This University offers Full-time Regular Ph.D. and Part-time Ph.D. Programme in Physical Education. This programme is governed by the *Ordinance for the Doctor or Philosophy in Physical Education*.

ELIGIBILITY

- A Candidate for Ph.D. should have obtained Master's Degree in Physical Education or any other Post-graduate degree as recognized by this institute or equivalent to Master's Degree in Physical Education from a recognized University/Institute in India or abroad with at least 55% marks (50% for SC/ST Candidates.)

PROCEDURE FOR REGISTRATION :

- A Candidate seeking admission in Ph.D. can apply any time during the academic year in prescribed Application Form obtainable from Academic Section of this Institute on payment of Fee (presently Rs. 200/-). The fee is subject to change as per administrative orders.
- The applications are considered twice in the academic year by RDC of this Institute i.e. in the month of July for application forms received between 01st January to 30th June and in the month of January for application forms submitted between 01st July to 31st December. The Vice-Chancellor may order for a special meeting of RDC or may postpone a particular meeting of RDC during the academic year considering the number of application forms received or may be on other grounds.
- All candidates are required to appear in pre RDC entrance test irrespective of having qualification i.e. NET, SET, JRF of M.Phil. After successfully clearing the pre RDC entrance test, candidates will be eligible to appear before the RDC for approval of their research synopsis and to be confirmed for the registration in Ph.D.

SUBMISSION OF THESIS

Both, Regular and Part time Ph.D. Scholars shall be permitted to submit their thesis after completion of two years but before five years of total research work. However, the extension is permitted in this regard by the competent authority as per rules.

ATTENDANCE

A candidate should necessarily put in atleast 60 days of attendance every year with the Supervisor in the process of guidance and research. In the event of failing to submit the certificate, the registration may be cancelled.

AWARD OF Ph.D. DEGREE

After the submission of thesis, the thesis shall be sent to the examiners for evaluation. Viva-voce Examination will be conducted and successful candidates will be awarded Ph.D. Degree in Physical Education.

POST GRADUATE DIPLOMA IN SPORTS COACHING (PGDSC)

COURSE DURATION

The duration of Post Graduate Diploma in Sports Coaching is one Academic Year. A Candidate should complete PGDSC within a maximum period of two academic sessions after initial admission.

DISCIPLINES OFFERED

Subject to administrative feasibility Post Graduate Diploma in Sports Coaching shall be offered in: Athletics, badminton, basketball, cricket, football, handball, hockey, swimming and volleyball.

AVAILABILITY OF SEATS

The minimum number of seats in Individual Sports shall be five (5) and in Team Games the seats will be minimum ten (10). However, the maximum number shall depend on the availability of necessary infrastructure, hostel accommodation and staffs/teachers. Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

ELIGIBILITY FOR ADMISSION TO PGDSC

- A candidate shall be eligible to appear in admission test for post Graduate Diploma in Sports Coaching if he/she has passed any one of the following examinations, conducted by recognized University, with at least 45% marks (40% in case of International Sport persons, for foreign candidates and for SC/ST candidates):
- Bachelor of Physical Education (B.P.E./B.P.Ed. Integrated) of at least three years duration with Inter University/National level participation in the concerned games/sports.

OR

- A post Graduate Diploma in Physical Education of at least one-year duration after graduation with Inter-University /National level participation in the concerned games/sports.

OR

- Graduates in any discipline from recognized University with Inter-University/National level participation in the concerned games/sports.
- The candidate should be below 35 years of age as on 1st July of the Academic Session (relaxable up to 40 years in case of International Sports persons, for in-service sponsored candidates and for SC/ST/OBC candidates.)

MARRIED WOMAN CANDIDATES

Married women shall be eligible for admission to Post Graduate Diploma in Sports Coaching. In case, a woman candidate gets pregnant and reaches the stage of expectancy during the course, she will have to discontinue her studies for a minimum period of one year and may be allowed to rejoin the course in the next academic session from where she had discontinued.

PROCEDURE FOR ADMISSION

Admission to Post Graduate Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 200 Marks as given here under.

- **Physical Fitness Test** : 40 Marks.
The test items shall consist of 50mts. Sprint Test, Standing Broad Jump, Overhead Back Throw and 1000 Mts. Run/walk.
- **Written Test** (two hours duration) : 50 Marks.
 - General reasoning : 10 Marks
 - Sports general knowledge : 10 Marks
 - Professional knowledge in concerned games/sports : 30 Marks
- **Proficiency in game/sport** : 100 Marks
(skills and playing ability tests in concerned game/sport)
- **Personal Interview** : 10 Marks

ADMISSION PROCEDURE

- Sports general Knowledge (in various games/sports) will be evaluated through objective and/or short answer type questions in the written test.
- Professional knowledge in concerned games/sports will be through Subjective and short answer type questions in the written test.
- Marks for the proficiency in concerned game/sport will be awarded on the basis of various skills and playing ability tests.
- Personal Interview will be conducted to find out the aptitude, expression and confidence of the candidate.
- Candidates should be appropriately dressed to undergo Physical Fitness and Sport Proficiency Tests. They should be fit enough as these tests may involve some risk of causing physical injury/strain for which the University and/or the DCF shall not take any responsibility.
- A candidate, whose final result of the qualifying examination has not been declared at the time of submitting the application, may apply so, but he/she must produce the same (original Marks sheet) at the time of checking of original certificates prior to the commencement of Admission Test.

BONUS MARKS

A maximum of 10 (ten) Bonus Marks will be awarded on the following criteria:

- If the candidate has represented India in an : 10 Marks

International Competition through Indian Olympic Association (I.O.A.) / National Federation/Association of Indian Universities (A.I.U.) in a game/sport as recognized by A.I.U.

- If the candidate is a position holder at Inter State National Championship organized by respective Federation/Association in game/sport as recognized by A.I.U.

1st place	:	9 Marks
2nd place	:	7 Marks
3rd place	:	5 Marks

- If the Candidate is a position holder in All India Inter-University Competitions.

1st place	:	7 Marks
2nd place	:	5 Marks
3rd place	:	3 Marks

ATTENDANCE

The candidate must be regular in attending all his/her classes and must put in at least 85% attendance of the delivered lectures in the academic year.

AWARD OF POST GRADUATE DIPLOMA IN SPORTS COACHING

A candidate shall be awarded Post Graduate Diploma in Sports Coaching by the University on successful completion of the course and having passed in both theory and practical separately by securing at least 50% marks in each subject/practical/area.

DIPLOMA IN SPORTS COACHING (DSC)

COURSE DURATION

The duration of Diploma in Sports Coaching is one Academic Year. A candidate should complete the DSC within a maximum of two academic sessions after admission.

DISCIPLINES OFFERED

Subject to administrative feasibility, diploma in sports coaching shall be offered in athletics, basketball, football, handball, hockey, volleyball & swimming.

AVAILABILITY OF SEATS

The minimum number of seats in Individual Sports shall be five (5) and in Team Games the seats will be minimum ten (10). However, the maximum number shall depend on the availability of necessary infrastructure, hostel accommodation and staff/teachers.

ELIGIBILITY FOR ADMISSION TO DSC

- A candidate shall be eligible to appear in admission test for Diploma in Sports Coaching if he has passed 10+2 examination/equivalent examination conducted by CBSE/State or UT Board/Open School Board.
- The candidate must be deputed to the course by Defence / Army Sports Control Board.

PROCEDURE FOR ADMISSION TO DSC

Admission to the Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 200 Marks as given here under.

Physical Fitness Test : **40 Marks.**

The test items shall consist of 50mts. Sprint, Standing Broad Jump, over Head Back Throw and 1000 mts. Run/walk.

Written Test (two hours duration) : **50 Marks.**

- General reasoning : 10 Marks
- Sports general knowledge : 10 Marks
- Professional knowledge in concerned game/sport. : 30 Marks

Proficiency in games/sports : **100 Marks**

(Skills and playing ability tests in concerned game/sport).

Personal Interview : **10 Marks.**

ADMISSION PROCEDURE

- Sports general knowledge (in various games /sports) will be evaluated through objective and/or short answer type question in the written test.

- Professional knowledge in concerned game/sport will be evaluated through Subjective and short answer type questions in the written test.
- Marks for the proficiency in concerned game/sport will be awarded on the basis of various skills and playing ability test.
- Personal Interview will be conducted to find out the aptitude, expression and confidence of the candidate.
- Candidates should be appropriately dressed to undergo Physical Fitness and Sports Proficiency Tests. They should be fit enough as these may involve some risk of causing physical injury/strain for which the University and/or the DCF shall not take any responsibility.
- A candidate, whose final result of the qualifying examination has not been declared at the time of submitting the application, may apply so, but he/she must produce the same (original Marks sheet) at the time of checking of original certificates prior to the commencement of Admission Test.

ATTENDANCE

The candidate must be regular in attending all his classes and must put in at least 85% attendance of the delivered lectures in the academic year.

AWARD OF DIPLOMA IN SPORTS COACHING

A candidates shall be awarded Diploma in Sports Coaching by the University on successful completion of the course and having passed in both theory and practicals separately by securing at least 50% marks in each subject/practical/area.

POST GRADUATE DIPLOMA IN SPORTS MANAGEMENT (PGDSM)

COURSE DURATION

The duration of PGDSM is one academic year. A candidate should complete PGDSM within a period of two academic session after admission.

BREAK UP OF AVAILALE SEATS

General	-	13
SC	-	03
ST	-	02
OBC	-	02
TOTAL	-	20

ELIGIBILITY FOR ADMISSION TO PGDSM

- The Candidate shall be eligible to appear in admission test for Post Graduate Diploma in Sports Management if he/she has passed any one of the following examination with at least 45% marks (40% for SC/ST candidates)
- Bachelor of Physical Education of three/four years duration.
OR
- A Post Graduate Degree/Diploma in Physical Education of at least one year duration form and Indian University or equivalent foreign qualification recognized by the University.
OR
Bachelor Degree in any subject from a recognized University.
- Married Women shall be eligible for admission to Post Graduate Diploma in Sports Management Course. In case, a women candidate gets pregnant and reaches the stage of expectancy during the course, she will have to discontinue her studies for a minimum period of one year and may be allowed to re-join the course in the text academic session from where she had discontinued.

ADMISSION TO PGDSM

Admission to PGDSM will be granted on the basis of merit in the admission test of 150 marks as given hereunder. The minimum qualifying marks in the admission test shall be 45% (40% in case of SC/ST candidates.) The break up shall be as follows:

Physical Fitness Test	:	50 Marks
(Physical Fitness Test shall be as per B.P.Ed. candidates.)		
Written test (Two hrs. duration)	:	80 Marks
General and Sports Knowledge (Objective type question)	:	50 Marks
Paragraph writing related to sports and expression of views for and against a topic	:	30 Marks

Personal Interview : 20 Marks

BONUS MARKS

A maximum of 10 (ten) Bonus Marks will be awarded on the following criteria.

- If candidate has represented India : 10 Marks
an International Competition through
Indian Olympic Association (I.O.A.)/
National Federation /Association of Indian
Universities (A.I.U.) in a game/sports as
recognized by A.I.U.

- If the candidate is a position holder at Inter State National Championship organized by
respective Federation /Association in game/sport as recognized by A.I.U.
 - 1st Place : 9 Marks
 - 2nd Place : 7 Marks
 - 3rd Place : 5 Marks

- If the candidate is a position holder in All India Inter-University Competitions.
 - 1st Place : 7 Marks
 - 2nd Place : 5 Marks
 - 3rd Place : 3 Marks

ADMISSION PROCEDURE

- Candidates, who are that they fulfill eligibility conditions, may report for admission test as per the stipulated programme without with out waiting for any intimation is this regard. Candidates should note that no call letter for the entrance test shall be sent to them by post. Only telephonic information shall be given.

- To qualify for admission, a candidate must secure at least 45% marks in aggregate in the admission test. Available seats shall be filled in order of merit.

- General and Sports knowledge will be evaluated through objective and /or short answer type questions in the written test.

- Candidates should be appropriately dressed to undergo Physical Fitness Test. They should be fit enough as the test may involve some risk of causing physical injury/strain for which the University and/or DSMJ shall not take any responsibility.

- Candidate, whose final result of the qualifying examination has not been declared at the time of submitting the application, may apply so, but he/she must produce the same (original Marks Sheet) at the time of checking of original certificates prior to the commencement of Admission Test on July 28, 2009.

- A candidate, whose final result of the qualifying examination has not been declared at the time of submitting the application, may apply so, but he/she must produce the same (original marks sheet) at the time of checking of original certificate prior to the commencement of admission test on July 28, 2009.

ATTENDANCE

A candidates must be regular to all his/her classes and must put in at least 85% attendance of the delivered lectures during the course.

AWARD OF DIPLOMA

A candidates will be awarded Post Graduate Diploma in Sports Management by the University after successful completion of the course and passing all examinations, both theory and practicals.

POST GRADUATE DIPLOMA IN SPORTS JOURNALISM (PGDSJ).

COURSE DURATION

The duration of PGDSJ is one academic year. A candidate should complete PGDSJ within two academic sessions after admission.

BREAK UP OF AVAILABLE SEATS

General	-	13
SC	-	03
ST	-	02
OBC	-	02
TOTAL	-	20

ELEGIBLTIY FOR ADMISSION TO PGDSJ

- The candidate shall be eligible to appear in admission test for Post Graduate Diploma in Sports Journalism if he/she has passed any one of the following examinations with at least 45% marks (40% for SC/ST candidates.)
OR
- Bachelor of Physical Education of three/four years duration.
OR
- A Post Graduate Degree/Diploma in Physical Education of at least one year duration from an Indian University or equivalent foreign qualification recognized by the University.
OR
- Bachelors Degree in any subject from a recognized University.
- Married Women shall be eligible for admission to Post Graduate Diploma in Sports Journalism Course. In case, a women candidate gets pregnant and reaches the state of expectancy during the course, she will have to discontinue her studies for a minimum period of one year and may be allowed to re-join the course in the next academic session from where she had discontinued.

POCEDURE FOR ADMISSION TO PGDSJ

Admission in to PGDSJ will be granted on the basis of merit in the written test of 10 marks and of 2 hrs. duration as given hereunder. The minimum qualifying marks in this admission test shall be 45% (40% in case of SC/ST candidates.) The break up of 100 marks shall be as follows:

Sports general awareness	:	20 Marks
General awareness and current affairs	:	20 Marks
Reasoning	:	20 Marks
Writing skills and translation ability	:	20 Marks
Group discussion/Personal Interview	:	20 Mark

BONUS MARKS

A maximum of 10 (ten) Bonus Marks will be awarded on the following criteria.

- If candidate has represented India : 10 Marks
an International Competition through
Indian Olympic Association (I.O.A.)/
National Federation /Association of Indian
Universities (A.I.U.) in a game/sports as
recognized by A.I.U.

- If the candidate is a position holder at Inter State National Championship organized by
respective Federation /Association in game/sport as recognized by A.I.U.
 - 1st Place : 9 Marks
 - 2nd Place : 7 Marks
 - 3rd Place : 5 Marks

- If the candidate is a position holder in All India Inter- University Competitions.
 - 1st Place : 7 Marks
 - 2nd Place : 5 Marks
 - 3rd Place : 3 Marks

ADMISSION PROCEDURE

- Candidates, who are that they fulfill eligibility conditions, may report for admission test as per the stipulated programme without without waiting for any intimation is this regard. Candidates should note that no call letter for the entrance test shall be sent to them by post. Only telephonic information shall be given.

- To qualify for admission, a candidate must secure at least 45% marks in aggregate in the admission test. Available seats shall be filled in order of merit.

- General and Sports knowledge will be evaluated through objective and /or short answer type questions in the written test.

ATTENDANCE

A candidate must be regular to all his/her classes and must put in at least 85% attendance of the delivered lectures during the course.

INTERNSHIP

Every candidate shall be required to do Internship of 2 to 4 weeks duration, soon after their annual examination. On completion of internship they will produce a certificate from the editor of the media house. Final result of the candidate shall be declared only after production from any media house in the mean time, he/she shall not be required to do internship, but instead produce copy of appointment letter.

AWARD OF DIPLOMA

A candidate will be awarded post graduate Diploma in sport journalism by the University after successful completion of the course & passing all examinations, both theory & project.

POST GRADUATE DIPLOMA IN ADVENTURE SPORTS AND TOURISM MANAGEMENT (PGDASTM) (ONE YEAR)

SEATS AVAILABLE (total 15)	:	General	-	12
		SC	-	02
		ST	-	01

COURSE DURATION

- The duration of the Post Graduate Diploma in Adventure Sports & Tourism Management in one Academic Year, It will be a full time, residential course spread over two semesters.

ELIGIBILITY FOR ADMISSION

- Graduates in any discipline with 45% (40% for SC/ST) aggregate marks and having good communication skills.

PROCEDURE FOR ADMISSION

- Admission to this Post Graduate Diploma courses will be granted on the basis of merit in the Admission Test of 100 Marks.

Written Test (two hours duration) : 70 Marks.
General Knowledge Reasoning & Mental Ability
General English

Personal Interview : 30 Marks.

COURSE CONTENT

- The course is broadly divided into two parts as under with appropriate weightage to each.

Part A - Adventure sports Management
Part B - Adventure Tourism Management

EMPHASIS - THEORY AND PRACTICAL

- The course scheme, duration and emphasis will be equally balanced for theory and practical teaching.
- The marks allotment for assessment will also follow the same proportion between theory and practical.
- Marks will also be devoted to class work assessment.
- The course will terminate with submission of a project paper prepared by the students after a four week contact programme with an allied commercial or government organization.

HOSTEL FACILITY

As the course is completely residential, the student admitted to the course will have to stay in the University hostel.

AWARD OF DIPLOMA

A candidate will be awarded Diploma by the University after successful completion of the course and having passed both the semesters comprising theory, practical and project.

POST GRADUATE DIPLOMA IN YOGA WITH ALTERNATE THERAPIES (PGDYAT) (ONE YEAR)

This Diploma aims to take care of health, prevention of disease, management of health problems, yogic approaches for health and well-being etc. Students, besides having knowledge of yoga will also be exposed to alternate therapies so that they can be useful for promoting sustainable health in the society and can be placed in various schools, social organizations, hotels etc. as 'Yoga Experts'.

OBJECTIVES

- To prepare highly qualified teachers and leaders in the field of Yoga with basic knowledge of Alternate Therapies.
- To provide professional and academic leadership to other institutions.
- To provide vocational guidance and placement services to the professionals in this field.
- To maintain the normal health and fitness of the individual and the community.
- To manage the stress and strain.
- To encourage and produce scientific contemporary literature in the field of Yoga with Alternate Therapies.

PROCEDURES FOR ADMISSION

SEATS AVAILABLE (Total 30)	:	General	-	23
		SC	-	05
		ST	-	02

NOTE: The reserved quota of admission can change against the government policies from time to time.

ELIGIBILITY FOR ADMISSION

- The aspirants should have obtained minimum 45%(40%for SC/ST) marks in Bachelor of Physical Education (B.P.Ed.) or Bachelor Degree in any discipline from a recognized University and also recognized by the University.
- Married women shall be eligible for admission to the course. (In case, a woman candidate admitted to the course gets pregnant and reaches the stage of expectancy during the course, she will have to discontinue her studies for a minimum period of the one year.)

ADMISSION PROCEDURE/TESTING AREAS

Practical Skills : 50 Marks

The applicants will be tested for their basic fitness in relation to yogic practices and marks will be awarded by a panel of teachers on the basis of their performance.

General Awareness (Written Test) & Interview : 50 Marks

Basic yogic awareness will be tested in the form of a written test of objective type having a weightage of 40 marks. Interview having a weightage of 10 marks shall be taken by a group of teachers.

NOTE: 1. Interview/Call letters Admission Test shall be sent to the candidates by registered/speed post. However, due to any reason, if the call letter is not received, such candidates who are sure that they fulfill eligibility conditions, may report for Admission Test as per the stipulated programme.

2. Seats will be filled according to the merit of Admission Test.
3. The candidate must secure minimum of 45% i.e. the passing mark in the Admission Test.

UNIFORM

The students shall have a common Uniform as decided by the University/Department After admission they should procure the uniform which would cost around Rs. 3000/-

AWARD OF DIPLOMA

A candidate will be awarded Diploma by the University after having passed the theory and practical examinations separately.

- NOTE:**
1. Medium of Examination shall be either Hindi or English.
 - 2, In case where the Department does not have separate rules, rules of the University would be applicable.

POST GRADUATE DIPLOMA IN FITNESS MANAGEMENT (PGDFM) (ONE YEAR)

The concept of 'Health and Physical Fitness' has gained vast changes in its comprehension. This is because of the widespread awareness on holistic health and fitness. This also signifies a stress and disease free society where normal growth, average weight with respect to age and height, normal metabolic rate prevails in each individual. It is noteworthy that maintenance of normal health and the theoretical knowledge are essential in the field of Physical education and sports especially when students prefer to become an expert in the field on management of Health clubs.

The Department of Health Sciences and Yoga intends to offer P.G. Diploma Course in Fitness Management of one academic year. In this course, all the participants shall be trained specifically with Nutrition, Weight Management and Training, Yoga, Naturopathy, Reiki, Transcendental Meditation, Relaxation and Exercise Therapies and Management of Health Clubs, Hotels, SPA centers and Aerobics.

The courses shall address health care promotion, its instructions and practical application to students seeking employment and career in health care, fitness and management. Students may have their career in health care, fitness and management. Students may have their career in health clubs, health clinics or physical education/ sports Institutions. Besides, they may also have self-employment opportunities as consultants in organizations, big hotels and SPA centers as well.

OBJECTIVE

- To prepare highly qualified health club managers & fitness experts with profound knowledge in the field of fitness management.
- To Provide vocational guidance and placement services to the professionals in this field.
- To maintain the normal health and fitness of the individual and the community.
- To manage the stress and strain.

ADMISSION REQUIREMENTS AND PROCEDURES

Number of Seats (Total 15)	:	General	:	12
		SC	:	02
		ST	:	01

NOTE: The reserved quota of admission can change against the government policies from time to time.

ELIGIBILITY FOR ADMISSION

- The aspirants should have obtained minimum 45% marks (40% for SC/ST) Bachelor of Physical Education, (B.P.Ed.) or Bachelor Degree in any discipline from a recognized University and also recognized by the University.
- Married women shall be eligible for admission to the course. (In case, a woman candidate admitted to the course gets pregnant and reaches the stage of expectancy during the course, she will have to discontinue her studies for a minimum period of one year).

ADMISSION PROCEDURE/TESTING AREAS

Practical skills : **50 Marks**

The applicants will be tested for their basic fitness in relation to Fitness Management practices and marks will be awarded as per norms on the basis of their performance (Canadian Physical Fitness Test will be used for evaluation).

General Awareness (Written Test & Interview) : 50 Marks

Basic fitness concept will be tested in the form of a written test of Objective type having a weightage of 40 marks. Interview having a weightage of 10 marks shall be a group of teachers.

- NOTE:**
1. Interview/call letters shall be sent to the candidates by registered/speed post. However, due to any reason, if letter is not received, such candidates who are sure that fulfill eligibility conditions, may report for Admission Test as per the stipulated programme.
 2. Seats will be filled according to the merit of Admission Test.
 3. The candidate must secure minimum of 45% as passing mark in the Admission Test.

UNIFORM

The students shall have a common Uniform as decide by the University/Department After admission they should procure the uniform which would cost around Rs. 3000/-.

AWARD OF DIPLOMA

A candidate will be awarded Diploma by the University after having passed the theory and practical examinations separately.

- NOTE:**
- Medium of Examination shall preferably be in English.
 - In case where the Department does not have separate rules, rules of the University would be applicable.

PG DIPLOMA IN FITNESS MANAGEMENT

Besides fee, selected students have to bear their all expenses at their own for SPA Training which is a part of that course (Training will be conducted out of Gwalior most probably for a month's period and is compulsory for every students.) Students have to find out their training centre.

CERTIFICATE COURSE IN HEALTH & FITNESS

Department of Health Science and Yoga offers one month certificate course in Health and Fitness. All the participants shall be trained specifically with Nutrition, Weight Management & Training, Yoga, Naturopathy, Exercise, Transcendental Meditation, Relaxation, and Exercise Therapies throughout the duration of the course. Weight training, Weight management with Fitness and Aerobics will be the special features of course.

At the initialization of the course only 10 candidates will be selected for the course. Accommodation to the candidates can be provided at the LNUPE Campus (dormitory type only) with mess facilities.

CERTIFICATE COURSE IN ATHLETE 'S CARE AND REHABILITATION

Department of Health Science and Yoga proposes to offer one month certificate course in athlete's care and rehabilitation. All the participants shall be trained specifically with sports injuries and their prevention, rehabilitation technique, assessment of pain and range of movement, weight management, relaxation, exercise therapies throughout the duration of the course.

POST GRADUATE DIPLOMA IN INFORMATION TECHNOLOGY (PGDIT)

COURSES OFFERED

- Post Graduate Diploma in Information Technology (One year)
- Post Graduate Diploma in Computational Statistics (Two year)
(Duel Degree Option Programme along with MPE/ MPhil/ PG Diploma/PhD.)

The course is meant for the graduates who wish to make their career in computers. This will provide an opportunity to the candidates belonging to different class of the society to start their professional career in the area of Information Technology. The emphasis would be given to develop the IT applications in the area of Physical Education and Sports.

OBJECTIVES

- To prepare qualified teachers and leaders in the field of Information Technology and Computer Application.
- To develop IT applications in the area of Physical Education and Sports.

SEATS AVAILABLE (TOTAL 25)	:	General	:	19
		SC	:	04
		ST	:	02

ELIGIBILITY FOR ADMISSION

The aspirant should have obtained Bachelor of Physical Education (B.P.Ed.) or Bachelor Degree in any discipline from a recognized University and also recognized by our University. The candidate seeking admission should have secured minimum 45% of aggregate marks for General Category and 40% marks for SC/ST category.

ADMISSION PROCEDURE

Written Test **90 Marks**
(will include questions on reasoning verbal, quantitative aptitude, IQ & English)

Interview **10 Marks**

NOTE: I. Interview Call letters shall be sent to the candidates by registered/ speed post. However, due to any reason, if letter is not received, such candidates who are sure that they fulfill eligibility conditions may report for admission test as per the stipulated programme in the Department of Computers Science & Applied Statistics.

II. Seats will be filled according to the merit based on admission test. Minimum qualifying marks will be 40% in the written examination.

AWARD OF DIPLOMA

A candidate will be awarded Post Graduate Diploma by the University after successful completion of the course and having passed theory, practical and seasonal separately.

**POST GRADUATE DIPLOMA IN COMPUTATIONAL STATISTICS (PGDCS)(02 YEAR)
(Duel Degree Option Programme along with MPEd. /M. Phil/ PG Diploma/PhD.)**

Seats Available (Total 20)	:	General	:	16
		SC	:	03
		ST	:	01

- The course is meant for the graduates particularly Physical Education Graduates who want to enhance their skills in Data Analysis using different computational techniques. This programme can be pursued by the students while doing their Master's Degree in Physical Education as well as M.Phil/any PG Diploma/Ph.D. programme in the University. This programme has been designed to suit the needs of physical educationist and research scholars of other disciplines as well.
- This programme shall enhance the computing skills of the participants by using statistical software package. This programme shall enable the participants to learn the programming skills for developing applications in their computing techniques by using various statistical tools. The students from other University may also join this programme.

OBJECTIVES

- To enhance the capability of the physical education personal / other professional in the area of data analysis, computer program development, managing database, using statistical software, in their domain knowledge
- To enhance the knowledge of advance research techniques & multivariate statistical analysis

DURATION OF THE COURSE

- The duration of this PG Diploma in Computational Statistics program is two years. The selected participants may pursue this programme along with their course of M.P.Ed, M.Phil / any PG Diploma or Ph.D programmes. During the first year two papers shall be offered i.e. DCS01 in first semester and DCS02 in the second semester whereas the project DCS03 shall be allotted to the candidate in the beginning of the second semester which he/she is supposed to submit in the month of April / May of the same year of evaluation and viva. At the most 2 attempts will be given to each paper i.e. one main examination and the other supplementary examination.
- If the candidate is interested to pursue further for Advance Certificate in Computational Statistics he/she has to undertake two papers DCS04 and DCS05 and one DCS06. The paper DCS04, can be opted in third semester and DCS05 shall be offered in the fourth semester. The project DCS06 shall be allotted to the candidate in the beginning to the fourth semester. If the candidate decides not to pursue further after qualifying DCS01 to DCS03, he/she will be awarded certificate in computational statistics.
- The candidates after qualifying three papers DCS01 to DCS03 shall be awarded the certificate in computational statistic & if the candidate pursues another three papers DCS04 to DCS06 as well, he/she shall be awarded advance certificate in computational statistic after qualifying these three papers.
- After completing these two certificates the candidate shall be awarded PG Diploma in Computational Statistics. In that case these two certificates the certificates will have to be surrendered. The candidate shall be allowed to appear in DCS04 to DCS06 after qualifying all the three papers DCS01 to DCS03 only.

- The candidate is supposed to complete these two certificates in a maximum period of four years after joining the programme.

ELIGIBILITY FOR ADMISSION

Graduation in Physical Education/Humanities/any other discipline with 45% marks (40% for SC/ST)

Admission Procedure

The selection of candidates for the course shall be basis on the merit in the qualifying examination. Hostel & Mess facility for outstation candidate shall be available on payment. For availing these facilities the candidate has to apply after getting admission.

AWARD OF DIPLOMA

A candidate will be awarded Post Graduate Diploma in Computational Statistics (PGDCS) by the University after successful completion of the course and having passed theory, practical and seasonal separately.

SHORT TERM PROGRAMMES OF THE DEPARTMENT (LEVEL I AND LEVEL II)

Under Continuing Education Programme, the department offers the computer training programmes to the professionals and other candidates at two different levels:

Level I : **One week full time courses (30 Hours)**

A (Course Contents –MS Office i.e. MS Work, MS-Power Point, MS-Access and Internet.)

Level II : **One week full time courses (30 Hours)**

(Course Contents–Internet Browsing, Website Development with HTML, MS Excel, MS Access)

Note: The candidates are advised to visit our website for specific instruction, if any.