

**Results-Framework Document (RFD) for Department of Sports,
Ministry of Youth Affairs and Sports (2011-12)
LAKSHMIBAI NATIONAL UNIVERSITY OF PHYSICAL EDUCATION, GWALIOR**

**SECTION 1:
Vision, Mission, Objectives and Functions**

Vision:	To engage in relentless pursuit of Excellence in the promotion and development of Physical Education & Sports through Innovative programmes in Teaching, Research & Out Reach Activities and evolve a holistic approach to the betterment of Human. Resources through Harmonious Development.
Mission:	To ensure quality teaching – learning, research, outreach services, and management of institution and education to serve the humanity.
Objectives & Functions	<p>1. To prepare highly qualified leaders in the field of Physical Education Sports/Games.</p> <ul style="list-style-type: none"> • Bachelor of Physical Education (B.P.Ed.), a Four year integrated professional degree programme in Physical Education and sports for School teachers. • Master of Physical Education (M.P.Ed.) – with specialization in Pedagogy, Sports Biomechanics, Sports Psychology, Exercise Physiology - a Two year professional programme in Physical Education and sports for College and University teachers. • Master of Arts : Mass Communication & Sports Journalism, and Yoga • Master of Science – Sports Coaching • Post Graduate Diploma in Sports Coaching - one academic year programme for producing quality coaches in various Games & Sports. • Diploma in Sports coaching – one academic year programme for Elite Sports persons to be trained as qualified coaches. • Post graduate Diploma in Yoga & Alternate therapy-one academic year programme to produce trained personnel in Yoga & Alternate Therapy. • Post graduate Diploma in Fitness Management – one academic year programme to produce quality Fitness Centre Managers. • Post graduate Diploma in Sport Management – one academic year programme to produce effective & professionally qualified Sport Managers. • Post graduate Diploma in Sports Journalism – one academic year programme to produce effective & professionally qualified Sport Journalists. <p>2. To serve as a Centre of excellence and innovations in Physical Education and to undertake, promote and disseminate research and also publish literature in this field.</p> <ul style="list-style-type: none"> • Conduct Research in Physical Education & Sports – Pre Doctoral and Doctoral programme. <ul style="list-style-type: none"> ▪ M.Phil. in Physical Education – one year programme ▪ Ph.D. in Physical Education – Full time regular course. • Undertake independent & Sponsored Research projects. • Publication of Research journals in Physical Education & Sports & Publish resource materials.

3. **To provide professional and academic leadership to other Institutions in the field of Physical Education and sports.**
 - Provides Academic & Professional leadership to other Institutions in Physical Education and related fields through development of syllabus & curriculum.
 - By organizing seminars, workshops & conferences in Physical Education & Sports at Regional, National and International levels.
4. **To provide vocational guidance and placement services to the people in this field.**
 - Organize vocational training from time to time by organizing certificate courses, workshops for professional development as well as training of trainers for the society.
5. **To undertake extramural studies, extension programmes and field outreach activities to contribute in the development of the society.**
 - To promote mass participation and creation of awareness.
 - A three weeks practical training on Mass participation, compulsory for all B.P.Ed.Students in IIIrd year in 10 schools in & around Gwalior.
6. **To develop and promote programmes of Physical Education and sports/games in Educational Institutions and of other organizations.**
 - By organizing the Sports Competitions.
 - Conducting Coaching cum officiating clinics & Exams.
7. **To provide for instructions and training in such branches of learning as may be deemed fit.**
 - By conducting the course of master trainers and by developing the course material for Panchayat Yuva Krida aur Khel Abhiyan (PYKKA) programme and acting as a nodal agency.
 - Sports/Games for persons with disability.
 - By providing professional guidance to other institutions.
 - Provide Consultancy to other Institutions/Organizations.
8. **To provide for instructions and training in such branches of learning as may be deemed fit.**
 - By Conducting Leadership training camp.
 - Organize Adventure Sports.
 - N.C.C. programme for Boys & Girls.
9. **To do all such other acts and things as may be necessary or desirable to further the objectives of the Institute.**
 - By providing Scholarships to meritorious students.
 - Memorandum of Understanding (MOU) with other Universities & Organizations.
 - Open New regional centers.
 - University Grants Commission (U.G.C.) Academic Staff College (ASC)
 - Resource Institution for Central Board of Secondary Education (CBSE), Kendriya Vidyalaya Sangathan (KVS), Navodaya Vidyalaya Sangathan (NVS) etc.

**RESULTS-FRAMEWORK DOCUMENT (RFD) FOR
LAKSHMIBAI NATIONAL UNIVERSITY OF PHYSICAL EDUCATION GWALIOR 2011-12**

**SECTION 2 :
Inter se Priorities among Key Objectives, Success indicators and Targets**

						Target/Criteria Value					
S.No	Objective	Weight	Actions	Success Indicator	Unit	weight	Excellent	Very Good	Good	Fair	Poor
							100%	90%	80%	70%	60%
1	To prepare highly qualified leaders in the field of Physical Education, Sports/Games.	16	Quality Teacher Preparation	B.P.Ed. (4 Yrs. Prog.)	Student	04	150	140	130	120	110
				M.P.Ed.- Pedagogy	Student	03	20	18	16	14	12
				M.P.Ed.-Sports Psychology	Student	03	20	18	16	14	12
				M.P.Ed.-Sports Biomechanics	Student	03	20	18	16	14	12
				M.P.Ed.-Exercise Physiology	Student	03	20	18	16	14	12
		06	Professional PG programme	M.A. Mass communication & Sports Journalism	Student	03	20	18	16	14	12
				M.A. – Yoga	Student	03	20	18	16	14	12
		06	Preparation of Coaches	M.Sc. – Sports Coaching	Student	03	20	18	16	14	12
				P.G. Dip. in Sports Coaching	Student	02	30	28	26	24	22
				Dip. in Sports Coaching	Student	01	30	28	26	24	22
		04	Preparation of Yoga Teachers and Fitness Managers	P.G. Dip. in Yoga & Alternate Therapy	Student	02	30	28	26	24	22
				P.G. Dip. in Fitness Management	Student	02	30	28	26	24	22
		04	Preparation of Sports Journalists, Sports Managers	P.G. Dip. in Sports Journalism	Student	02	30	28	26	24	22
				P.G. Dip. in Sports Management	Student	02	30	28	26	24	22
14	Promotion, Organization & conduct of Sports competition and Youth Festivals	Participation of students in extra mural competitions									
		Inter University	Student	01	380	360	340	320	310		
		State	Student	02	210	200	180	160	140		
		National	Student	05	55	50	45	40	35		
			International	Student	06	07	06	05	04	03	

S.No	Objective	Weight	Actions	Success Indicator	Unit	Target/Criteria Value					
						Weight	Excellent	Very Good	Good	Fair	Poor
							100%	90%	80%	70%	60%
2	To serve as a Centre of excellence and innovations in Physical Education and to undertake, promote and disseminate research and also publish literature in this field.	15	Train and promote Researchers	M.Phil.	Student	05	30	30	25	20	15
				Ph.D.	Student	05	90	85	80	75	70
			Publication of Research papers	In Journals etc.	Number	03	40	35	30	25	20
			Presentation of Research papers	In Seminars, Conferences etc.	Number	02	35	30	25	20	15
3	To provide professional and academic leadership to other Institutions in the field of Physical Education.	05	Conduct of Seminars, Workshops and Group Discussions	National Level	Number	03	06	05	04	03	02
				International Level	Number	02	02	01	00	00	00
4	To provide vocational guidance and placement services to the people in this field.	05	Counseling of final year students		Number	02	350	325	300	275	250
			Students Placement By self and Campus Interview		Number	03	90	80	70	60	50
5	To promote mass participation in Physical Education and sport activities.	05	Coaching Camps	During Summer	Participants	02	2250	2200	2150	2100	2050
			Teaching Programme of Physical Education in Schools	Schools of greater Gwalior	School	01	14	12	10	08	06
			Mass Display by school students	Mass participation	School	01	14	12	10	08	06
			Internship	B.P.Ed. Final Year students	Student	01	140	130	120	110	100

S.No	Objective	Weight	Actions	Success Indicator	Unit	Target/Criteria Value					
						Weight	Excellent	Very Good	Good	Fair	Poor
							100%	90%	80%	70%	60%
6	To undertake extramural studies, extension programmes and field outreach activities to contribute in the development of the society.	03	Organization of Sports Competitions	All over India	Student	01	60	55	50	45	40
			Coaching cum officiating clinics & Exams.	By Federations etc.	Student	02	65	60	55	50	45
7	To develop and promote programmes of Physical Education and sports/games in Educational Institutions and of other organizations.	03	PYKKA programme Resource centre	Master training courses	Number	01	07	08	09	10	11
			Sports & Games for persons with disability	Master training courses	Number	01	08	09	10	11	12
			Consultancy to other Institutions/Organizations	All over India	Institution/ Organization	01	20	22	25	27	30
8	To provide for instructions and training in such branches of learning as it may deem fit.	04	Leadership training camp	Two weeks duration	Student	01	160	165	170	175	180
			Adventure Sports	One week duration	Student	01	150	155	160	165	170
			N.C.C. (3 Platoon)	Men	Student	01	120	125	130	135	140
				Women	Student	01	60	65	70	75	80
9	To do all such other acts and things as may be necessary or desirable to further the objectives of the Institute.	10	Scholarships	Meritorious	% of students strength	01	12	14	16	18	20
				Economically weaker	% “	01	12	14	16	18	20
				Sports Achievers	Student	01	20	22	25	27	30
			MOU with other Universities & Organizations	In India and Abroad	Number	01	02	03	04	05	06
			Open New centers	Off Campuses	Number	01	01	02	03	04	05
			U.G.C. (ASC)	Refresher and	Number	01	04	05	06	07	08
				orientation course	Number	01	02	03	04	05	06
Resource Institution for CBSE, KVS, NYS etc.	Refresher and orientation course	Number	02	10	14	16	18	20			

SECTION 3: TREND VALUES OF THE SUCCESS INDICATORS

S.No	Objective	Actions	Success Indicator	Unit (Student)	Target/Criteria Value					
					Actual value FY 09-10	Actual Value FY 10-11	Targeted Value FY 11-12	Project Value FY 12-13	Project Value FY 13-14	
1	To prepare highly qualified leaders in the field of Physical Education, Sports/Games	Quality Teacher Preparation	B.P.Ed. (4 Yrs. Prog.)	Number	523	510	150	150	150	
			M.P.Ed.- Pedagogy*	Number	127	117	20	20	20	
			M.P.Ed.-Sports Psychology*	Number	-	-	20	20	20	
			M.P.Ed.-Sports Biomechanics*	Number	-	-	20	20	20	
			M.P.Ed.-Exercise Physiology*	Number	-	-	20	20	20	
		Professional PG programme	M.A. Mass communication & Sports Journalism*	Number	-	-	20	20	20	
			M.A. – Yoga*	Number	-	-	20	20	20	
		Preparation of Coaches	M.Sc. – Sports Coaching*	Number	-	-	20	20	20	
			P.G. Dip. in Sports Coaching	Number	16	38	30	30	30	
			Dip. in Sports Coaching	Number	35	21	30	30	30	
		Preparation of Yoga Teachers and Fitness Managers	P.G. Dip. in Yoga & Alternate Therapy	Number	07	06	30	30	30	
			P.G. Dip. in Fitness Management	Number	11	16	30	30	30	
		Preparation of Sports Journalists, Sports Managers, Life Savers & Life Guards	P.G. Dip. in Sport Journalism	Number	14	04	30	30	30	
			P.G. Dip. in Sports Management	Number	46	14	30	30	30	
		Associated with the promotion, Organization & conduct of Sports competition and Youth Festivals	Participation of students in extra mural competitions							
			Inter University	Number	348	370	380	390	400	
			State	Number	175	200	210	220	230	
			National	Number	35	50	55	60	65	
			International		02	05	07	10	12	

2	To serve as a Centre of excellence and innovations in Physical Education	To train & promote Researchers	M.Phil.	Number	05	30	30	30	30
			Ph.D.	Number	66	86	90	100	110
		Publication of Research papers	In Journals etc.	Number	30	35	40	45	50
		Presentation of Research papers	In Seminars, Conferences etc.	Number	26	30	35	40	45
3	To provide professional and academic leadership to other Institutions	Conduct of Seminars Workshops & Group Discussions	National Level	Number	04	05	06	07	08
			International Level	Number	01	01	02	03	03
4	To provide vocational guidance and placement services to the people in this field.	Counseling of Students	Final year students	Number	314	325	350	375	400
		Students Placement	By self and campus interviews	Number	67	80	90	100	110
5	To promote mass participation in Physical Education activities.	Coaching Camps	During Summers	Number	2119	2200	2250	2300	2350
		Teaching Programme of Phy. Edu. in Schools	Schools of greater Gwalior	Number (School)	10	12	14	16	18
		Mass Display by school students	Mass participation	Number (School)	10	12	14	16	18
		Internship	B.P.Ed. Final Year students	Number	121	130	140	150	160

S.No	Objective	Actions	Success Indicator	Unit	Actual value FY 09-10	Target/Criteria Value			
						Actual value FY 10-11	Targeted Value FY 11-12	Projected Value FY 12- 13	Projected Value FY 13- 14
6	To undertake extramural studies, extension programmes and field out reach activities to contribute in the development of the society.	Organization of Sports Competitions	All over India	Number	50	55	60	65	70
		Coaching cum officiating clinics & Exams.	By Federations etc.	Number	50	60	65	70	75
7	To develop and promote programmes of Physical Education and sports/games in Educational Institutions and of other organizations.	PYKKA programme Resource centre	Master training courses	Number	05	06	07	08	09
		Sports/Games for persons with disability	Master training courses	Number	--	06	08	10	12
		Professional guidance & Consultancy to other Institutions/ Organizations	All over India	Number	10	15	20	25	30
8	To provide for instructions and training in such branches of learning as it may deem fit.	Leadership training camp	Two weeks duration	Number	125	150	160	170	180
		Adventure Sports	One week duration	Number	125	125	150	150	150
		N.C.C. (3 Platoon)	Boys	Number	107	107	120	125	130
			Girls	Number	53	53	60	65	70
9	To do all such other acts and things as may be necessary or desirable to further the objectives of the Institute.	Scholarships	Meritorious	%	10	10	12	14	16
			Economically weaker	%	10	10	12	14	16
			Sports Achievers	Number	10	15	20	25	30
		MOU with other Universities & Organizations	In India & Abroad	Number	01	01	02	03	04
		Open New centers	Off Campus	Number	01	01	01	01	01
		U.G.C. (ASC)	Refresher and	Number	04	04	04	04	04
			orientation course	Number	02	02	02	02	02
Resource Institution for CBSE, KVS, NYS etc.	Refresher and orientation course	Number	06	06	10	12	14		

SECTION: 4

Description and Definition of Success Indicators and Proposed Measurement Methodology

BPEd. (4yrs. Programme.): Bachelor of Physical Education (BPEd. integrated) four year degree course provides professional and academic leadership to other institution in the field of Physical Education. The BPEd. Four year degree course is at par with any other professional courses in the country as well as abroad. The basic aim is to prepare qualified teachers and leaders in the field of Physical Education and sport.

MPEd. (2 year Programme.) With specialization in Pedagogy, Sports Biomechanics, Sports Psychology, Exercise Physiology: Master of Physical Education provide theoretical and critical understanding in professional and allied subjects. It also provide aptitude for research to carry out advanced studies in sport sciences. To provide specialized training in sports activities and theoretical aspects of sport in order to make specialist for imparting advance coaching.

P.G. Diploma in Sports Coaching: Provides highly specialized sports coaching based on latest technological and professional developments around the world. The main objective is to prepare high quality sports coaches and physical fitness trainers in various games/sports with micro specialization.

Diploma in Sports Coaching: Diploma in sports coaching provides excellent platform for armed force sports personnel to carry out advance level coaching course in sports in their respective sport. It provides high quality sport coaches in various games/sports.

P.G. Diploma in Yoga & Alternate Therapy: It aims to provide expertise in health care, prevention of disease, management of health problems, yogic approaches for health and wellbeing. It prepares specialized personnel for providing holistic health to the society.

P.G. Diploma in Fitness Management: To prepare highly qualified health club managers, fitness experts with profound knowledge in the field of fitness management and sustenance of normal health and fitness of the individual and the community.

P.G. Diploma in Sports Journalism:- The course provide youth with Journalistic abilities to pick and promote them as career sports Journalist.

Participation of Students in sports competitions: It provide the students the opportunity to participate in sports competition of District, University, State, National & International levels.

M.Phil: Master of Philosophy (M.Phil.) in Physical Education provides one year pre-doctoral programme in Physical Education and emphasize on research methodology and in depth knowledge in various areas of specialization such as Exercise Physiology, Sports Psychology, Sports Biomechanics, Health Education, Measurement and Evaluation in Physical Education etc.

Ph.D.: Doctor of Philosophy (Ph.D.) in Physical Education further, emphasizes on carrying out research in the areas of Physical Education and sports. It aims to achieve excellence and innovation in Physical Education and sports.

Publication of Research papers in Journals etc: The research work carryout in the country and abroad is published in the research journals. It provides opportunity to the Physical Education personal with excess to recent knowledge and in the related area.

Presentation of research papers in Seminars, Conferences etc: The seminars and conferences provide a platform for the Physical Educationist and sports professionals to present their research work. It also provides the latest trends of research in Physical Education and sports.

Conduct of seminars workshops & group discussions: National & International level seminars, workshops & group discussions inculcate academic and professional qualities for sharing of concepts, ideas and latest scientific innovation in Physical Education and sports. It also provides the organizational experience to the student and faculty members.

Counseling of students: The out going students are benefited by the vocational and career guidance provided by the placement cell of the university. On and off campus interviews and placement opportunities are provided to the students.

Coaching camps:- Summer coaching camps for children of greater Gwalior are conducted in order to provide them the basic skills and technique of different games/sports of their choice. It also provide opportunity for our students to enhance their coaching efficiency in the sport of their choice.

Teaching programme of Physical Education in schools:-The students are exposed to work in the actual condition in various Schools of Greater Gwalior. The schools and the students are benefited reciprocally by this programme.

Mass display of Physical activities as well as games/sports by school students:- Mass participation is encouraged in schools of Greater Gwalior by carrying out mass display training by students. It also develop fitness and skills in various games/sports.

Internship of BPEd. Final Year Students:- BPEd. Final Year Students are further exposed and trained through the internship programme. It provides on-the-field experience to the students by taking theory and practical classes. The students are assigned different schools (residential) all over the country by the institute for approx. 60 days internship programme.

Organization and management of sport competitions:- The students are assigned responsibility to organized sport competitions at various places. They are involved in the conduct and management of sport competitions of National repute apart from helping governmental and nongovernmental organizations at various levels.

Coaching and officiating clinics by federations:- The different federations organize coaching and officiating clinics and exams. Such programmes are the success indicators and provide opportunity to technical officials and sports professionals in updating their knowledge.

Professional guidance & consultancy to other Institutions/Organization all over India:- University provide professional guidance and consultancy to other education institutions and organization all over India giving latest information in the field of Physical Education and Sports.

Leadership training camp:- Leadership training camp of two weeks duration provides the students with the exposure to develop their leadership and followership qualities.

Adventure Sports: - Adventure sports of one week duration provides exposure to adventure activities and helps in the development of leadership and personality traits such as curses confidence, decision making etc. It also develops practical experience of the youth skills and adventure tourism.

Scholarships for meritorious students: - The meritorious students are awarded with merit scholarship on the basis of their academic achievements in the institute.

Scholarships for economically weaker students:- The economically weaker students are provided with special scholarships to meet their financial hardship.

Scholarships for sports achievers: - The medal winners at Inter University & National level are given scholarships as a reward for their excellence in sports.

Tuition free ship for women in BPed.:- in order to encourage women to gain the profession of Physical Education and sports the BPed. women are provided with tuition free ship during their full course of Bachelor of Physical Education.

MOU with other organizations:- MOU with other universities and organization in India and Abroad are signed in order to provide exchange of academic & professional knowledge and to inculcate inter disciplinary approach in Physical Education and sports.

Open new centers:- One of the success indicator is opening of different campus of LNUPE. The Institute has started one such campus/centre at Guwahati Assam from the academic year 2009-10.

PYKKA Programme:- The Institute provides the services of its staff and required information by acting as resource centre in its campus. The training of trainers (Master trainers) is conducted regularly through out the year.

The Scheme of sports and Games for the persons with disability: The Institute also provides the services of its staff and required information by training the trainers (Master trainers) regularly through out the year.

U.G.C. (ASC):- The Institute also has UGC Academic staff college, from the year 2000 which conducts the orientation and refresher courses for University teachers regularly.

Refresher and orientation courses:- For the Physical Education teachers of CBSE, KVS, NYS, DPS etc. the refresher and orientation courses are also conducted through out the year.

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SECTION: 5

Specific Performance Requirements from other Departments

Department	Relevant Success Indicator	What do you need?	Why do you need it?	How much you need?	What happens if you do not get it?
Department of Youth Affairs and Sports	Panchayat Yuva Krida aur Khel Abhiyan (PYKKA)	<ul style="list-style-type: none"> • Finances • Availability of dedicated volunteers 	To take our objectives forward	100% coverage	Entire effort to achieve the objective suffer setback
	Sports and Games for persons with Disability	<ul style="list-style-type: none"> • Finances • Availability of dedicated volunteers 	To take our objectives forward	100% coverage	Entire effort to achieve the objective suffer setback
University Grants Commission (UGC)	Academic Staff College (ASC)	<ul style="list-style-type: none"> • Finances • Availability of university teachers 	To make the programme successful	100% coverage	Upgradation of higher education programme will suffer
Central Board of Secondary Education (CBSE)	Refresher Courses for Physical Education Teachers	<ul style="list-style-type: none"> • Finances • Availability of school teachers interested in enhancing their knowledge 	To run the programme efficiently	100% coverage	School teachers will lack knowledge of the latest trends and changes in the sports and Physical Education field.
Kendriya Vidyalaya Sangathan (KVS)	Refresher Courses for Physical Education Teachers	<ul style="list-style-type: none"> • Finances • Availability of schools teachers interested in enhancing their knowledge 	To run the programme efficiently	100% coverage	School teachers will lack knowledge of the latest trends and changes in the sports and Physical Education field.
Navodaya Vidyalaya Sangathan (NYS)	Refresher Courses for Physical Education Teachers	<ul style="list-style-type: none"> • Finances • Availability of schools teachers interested in enhancing their 	To run the programme efficiently	100% coverage	School teachers will lack knowledge of the latest trends and changes in the sports and Physical Education field.

		knowledge			
Central Schools for Tibetians	Refresher Courses for Physical Education Teachers	<ul style="list-style-type: none"> • Finances • Availability of schools teachers interested in enhancing their knowledge 	To run the programme efficiently	100% coverage	School teachers will lack knowledge of the latest trends and changes in the sports and Physical Education field.
Delhi Public Schools (DPS)	Refresher courses for Physical Education Teachers	<ul style="list-style-type: none"> • Finances • Availability of schools teachers interested in enhancing their knowledge 	To run the programme efficiently	100% coverage	School teachers will lack knowledge of the latest trends and changes in the sports and Physical Education field.